



# EcoBUG

## Seed Planting Activity



Planting seeds is a great way to be an EcoBug!

EcoBugs love to look after everything on our Planet – including fruits, vegetables, plants and trees. They look and smell beautiful, they are important for us to eat, they are needed to provide homes for all the many animals who share our planet and they also help keep the air clean for us to breathe. By planting seeds EcoBugs are recognising the importance of preserving the environment and promoting the connection between us and the land.



The seeds you have been provided with are Mung Beans. They are edible once sprouted and sprout within just a few days as long as they are kept watered.

### For best results;

- Add one teaspoon of seeds to the pot to create one thin layer of seeds,
- Water liberally to create a small layer of water around the seeds,
- Place pots near a window with natural light,
- Ensure the seeds are watered daily to keep them saturated,
- Seeds will start to sprout within 24-48 hours,
- They will continue to grow for a week and may reach a few cm high,
- Seeds can be eaten once sprouted, they will not grow into a full plant.

